

Fact Sheet

Name & address of internship site:

Central Ohio Music Therapy, LLC,
700 Bryden Rd.
Suite 300A
Columbus Ohio 43215
888-313-5552

Contact for Internship Director:

Stephanie H. Morris, MM, MT-BC
888-313-5552, Ext. 4
Stephanie@ohiomt.com

Populations Served Include Individuals and Groups with:

- Intellectual Disabilities/Developmental Disabilities/Autism Spectrum Disorder
- Older Adults/Alzheimer's & Dementia
- Infants/Preschool/Early Childhood Development
- Adult Medical
- Child/Adolescent/Older Adult Psychiatric
- Correctional Institutions

Entry Level Requirements and Competencies:

Entry-level requirements/competencies will be evaluated through the interview, audition, transcript documents, and letters of recommendation.

Music Skills:

- Ability to read and analyze music
- Knowledge of music history
- Demonstrate the understanding and ability to perform basic chord progressions on guitar and keyboard
- Ability to play simple melody on keyboard with chordal accompaniment
- Ability to sing in tune both with accompaniment and acapella
- Ability to accompany a song using guitar, piano/keyboard, unaccompanied and lead a group while singing
- Ability to transpose songs to meet clients' vocal range
- Ability to compose songs or simplify arrangements using I, IV, V chords
- Ability to improvise using either guitar, piano/keyboard or non-pitched percussion instruments
- Ability to sight-read easy to intermediate musical pieces on piano or to accompany a song
- Demonstrate competency on one's primary instrument

Professional and/or clinical skills:

- Respect toward supervisors, colleagues, clients and other professionals in response to a variety of situations or circumstances
- Ability to adequately communicate strengths, needs and observations in a professional manner
- Ability to assess, observe, and document a client's mood, affect, behavior and responses to music interventions as well as document their progress in music therapy sessions
- Demonstrate knowledge of individual and group session plan development
- Ability to recognize and research a variety of illnesses and conditions experienced by Central Ohio Music Therapists
- Ability to follow hospital and/or facility policies and procedures
- Able to recognize strengths as well as areas of growth while setting professional goals

Description of Internship Experience:

- The internship typically lasts 9 months, starting in September and ending in May.
- Typical hours range from 8 - 5 with some days having less hours than others given the nature of contractual music therapy work.
- The COMT intern can expect to have 20-30 internship hours per week. Occasional weekend hours may be required depending on assigned intern sites.
- At COMT we understand if an intern needs to find a part time job. We will work with the intern to accommodate these hours.
- During the internship, the intern will have an opportunity to work with a variety, if not all, of the populations listed above.
- The intern will work with both individuals and lead group sessions. Groups may consist of 2 - 4 individuals or as large as 15 - 20 depending on the contract.
- All therapists specialize with certain populations at COMT and the intern will have the opportunity to learn and be supervised by multiple therapists during the internship.
- The intern will also have the opportunity to learn about establishing a private practice/music therapy business ownership if desired.
- The intern will be assigned relevant readings, self-reflections, and non-clinical tasks to optimize learning in the internship. These are explained in more detail later in this document.
- This site does not require a legal affiliation.
- As a university student, your liability coverage is supplied by your student status at your specific university. COMT is not responsible for your liability insurance, but you will be required to work in conjunction with a COMT therapist at all times in the clinical settings of your internship.

Philosophy of Music Therapy & Training of Music Therapy Interns:

As a company, Central Ohio Music Therapy LLC (COMT)'s vision is that there is quality in every life and our mission is to empower people and communities through

music. The knowledge of music's involvement in the brain is a driving force to determine client treatment, technique and model. The intern will have the opportunity to work alongside a number of therapists within the company, each one having their own style and approach, yet all in agreement, that allowing the intern an opportunity to develop their own style is paramount during the internship process.

Internship provides a kinesthetic experience for students to refine the skills necessary to be a professional music therapist. It also provides an opportunity for the growth and development of the remaining competencies after undergraduate training. Internship should give the intern an opportunity to comfortably yet efficiently shift their practice and mindset from that of a student to a working professional, while working side by side with professional music therapists as well as other professionals in health care.

Meetings, assignments and/or projects:

- The intern is required to attend COMT staff meetings and are encouraged to engage in these meetings as an integral part of the team.
- On a site-by-site basis and as-needed throughout the internship, the COMT intern will be required to submit session plans, reflections, and documentation.
- The intern will be required to present a professional presentation to non-music therapists before completing their internship. The intern will be provided with support to seek and acquire an appropriate presentation opportunity, as well as with the development and delivery of a presentation that meets the advocacy, wellness, educational, research, business, marketing, etc. requirements.
- Other assignments may arise during the internship based on unique opportunities such as attending Hill Day or conferences.

Staffing/Collaboration & On-Site Educational Programming:

- The music therapy intern will have the opportunity to work with a number of music therapy supervisors, including:
 - **Stephanie Morris, MM, MT-BC** and Neurologic Music Therapy Fellow, Director of Internship & Clinical Data, who specializes in individuals with developmental disabilities, Sprouting Melodies Provider, older adult/geriatrics, and school based services
 - **Ceara Chiapparelli, MM, MMT, MT-BC**, Director of Program Development, who specializes in Soundbirthing and a NICU training in addition to a focus on medical music therapy.
 - **Jessica Fletcher, MM, MT-BC**, Director of Community Collaboration, who specializes in psychiatric populations, trauma informed care, and applications of Hip Hop in music therapy.
 - **Kelsey Lawrence, MT-BC**, Therapist, who specializes in early intervention and school age populations.

- **Josie W. McCutcheon, MT-BC**, Therapist, who specializes in hospice and elder care populations.
 - **Erin K. Spring, MM, MT-BC**, Executive Director who specializes in hospice/geriatrics, medical settings, music therapy business management, & music listening applications
 - **Emma Tarai, MA, MT-BC**, Therapist, who specializes in mental health populations, adults with cancer diagnosis (medical setting) & older adults/geriatric.
- The music therapy intern may have the opportunity to collaborate with doctors, nurses, aides, school principal, special education teachers, social workers, staff counselors, activity coordinators, etc.
 - Because we are a private practice providing contract services throughout central/ & southeast Ohio, music therapy is the only clinical training program at our site.
 - The intern is encouraged to attend state, regional, or national music therapy conferences and CMTE opportunities of interest as able.
 - COMT provides company in-services to all staff and the intern throughout the year. Contracts may require or offer inservice opportunities of interest that may arise at their contract sites during the internship.
 - The intern will occasionally have the opportunity to observe music therapists outside of COMT throughout the internship. They are encouraged to work with the internship director to identify and explore local sites/populations of interest or that they may not be able to work with during the COMT internship.

Housing, Meals, Stipends, Transportation, and Insurance:

- The intern is responsible for provisioning their own guitar, computer OR tablet, and reliable ability to transport self.
- There may be potential opportunities for paid music-based programming.
- Mileage reimbursement may be available for any additional commuting time above the average 100 miles per week.
- COMT understands the financial strain of internship and works to decrease the amount of independent driving and will help transport the intern as much as possible throughout the internship.
- While the intern needs to provide their own housing, the intern is welcome to reach out to the internship director or supervisors for recommendations on where to live with consideration to finances, walkable locations, near bus stops, etc.
- COMT will provide the intern with instruments and other equipment (excluding guitar and computer/tablet) throughout the internship.
- If the intern is attending a conference, COMT strives to provide support such as transportation and/or staying in a company-funded room.
- The intern will receive COMT polo shirts & nametag, but will need to provide their own “bottoms” and shoes in compliance with the COMT dress code: Dress pants, khaki pants, or scrub pants. Closed toed shoes are required at all times. Tennis shoes may be worn, provided they are clean.



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Site Specific Administrative Requirements:

Any costs associated with these requirements are the responsibility of the intern.

- Current criminal background check (within one year of starting the internship)
- Current 2 step TB test results (within one year of starting the internship)
- Flu shot
- Immunization records
- Drug test
- **COVID-19 Vaccination**

COMT Discrimination Statement:

COMT does not and shall not discriminate on the basis of race, ethnicity, color, religion, age, disability, national origin, immigration status, socioeconomic status, marital status, language, ability, gender, gender identity, gender expression, sexual orientation, developmental level, health status, mental health, or military status.

Central Ohio Music Therapy understands that a commitment to non-discrimination in the workplace is an ongoing journey and we continue to listen, learn, and implement educational opportunities to work towards daily, anti-oppressive music therapy workspaces and clinical practice.